



BRIBIE DISTRICT LITTLE ATHLETICS

Affiliated with Little Athletics Queensland



BDLAC YEARBOOK 2022/2023 SEASON

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CENTRE MANAGERS WELCOME

On behalf of the committee, I would like to welcome all new and returning athletes and families for another season of Fun, Family Fitness at Bribie District Little Athletics Centre.

It has been a busy off season cleaning up, repairing, and recovering after our facilities were flooded at the end of last season. Thank you to the committee for your hard work to recover as well as plan and prepare for the upcoming season.

At the recent Queensland Little Athletics Awards our Centre was awarded the 'Centre Innovation' award for the development & the beginning of the implementation of our 5 year Strategic and Operational Plan. Our Centre is on a journey to make it the best it can be. One of the key elements of the plan is to continue to improve the Little Athletics experience for athletes, parents and volunteers each season. We have made many changes and improvements to our processes, procedures, and equipment during the off season, we hope you enjoy the changes. We welcome and encourage feedback and input from our members to help us make the centre the best it can be.

This handbook contains the basic information you will need for the upcoming season and please familiarise yourself with ResultsHQ. We will provide an information briefing at the start of each Friday night and recommend following our Facebook page for information updates and changes throughout the season.

I look forward to meeting and working with all our families to create an environment that allows the athletes to be their best and achieve successful. If you have any questions or concerns throughout the season, please do not hesitate to speak to myself or a committee member.

Regards

Ross Pallentine

THANK YOU TO OUR SPONSORS & SUPPORTERS

Bribie District Little Athletics is a non for profit organisation and we appreciate the assistance of the Bribie District Community. This support assists us to improve the Little Athletics experience for our members, volunteers and the families.

Please support the Businesses who support Bribie District Little Athletes.

Sponsors



Supporters



CENTRE COMMITTEE

The committee is a group of volunteers who donate their time to ensure the Centre operates to meet all LAQ and legal obligations during the season. If you would like to be a part of the committee, please speak to a current member, meetings are held once a month.

Your BDLAC Management Committee for the 2022/2023 season are:

President: Ross Pallentine

Vice President: Tammy Damrow

Secretary: Greg Damrow

Treasurer: Brendan Smith

Registrar: Tammy Damrow

Team Manager: Kayleen Waters

Officials Officer: Vacant

Tiny Tots Co-ordinator: Ross Pallentine

Uniforms Officer: Chelsea Brookfield

Grounds Keeper & Equipment Officer: Brendan Smith

Program Officer: Tammy Damrow

Chief Recorder: Tammy Damrow

Grants & Fundraising Coordinator: Ross Pallentine

Coaching Coordinator: Vacant

Marketing/PR Coordinator: Ross Pallentine

Volunteer Coordinator: Tammy Damrow

Canteen Coordinator: Ross Pallentine

Social Media Coordinator: Ross Pallentine

General Committee Members: Stuart waters, Ashley Hibberd and Tammy Matthews

WHAT IS LITTLE ATHLETICS

Little Athletics is a sport for children 5-16 years originating in Victoria in the 1960's for those too young to compete in senior Athletics. The events are specially modified to suit the ages and abilities of children. Bribie District Little Athletics Centre also run a Tiny Tots program which is a play-based program set up for the **3-5-year old's** of registered athletes at BDLAC. Little Athletics is a good foundation for all sports as it offers young people activities and skills that will stand them in good stead for their sporting future.

The motto of Little Athletics is "**Family, Fun and Fitness**". This motto highlights we are a community activity involving the whole family on a weekly basis. Family involvement is vital for the success of Little Athletics. The registered athlete participates in a range of track and field events, with family (parents, grandparents and siblings) participating as officials, recorders, coaches or committee members. Participation is fun, as the level of competition is whatever the family wants it to be – whether participation is on Friday nights only, training sessions, or at various competitions and carnivals. Regardless of ability each child is encouraged to **improve their own personal performances**, not necessarily be the best in the age group. By participating at weekly competition nights, children are contributing to their own active lifestyle. Family members also get fresh air and are active as they assist with activities.

WET WEATHER UPDATES

Athlete safety is our #1 priority when making a decision on our field or weather conditions. We have 2 ways to communicate a cancelled night including a post on our Facebook page (Please like and follow our page to ensure you are up to date on everything happening during the season) and via a text message. Please note a text message will only be sent to the first contact as per registration, if you require an alternative, please let us know. We attempt to make a decision on the weather no later than 1 hr before commencement of competition night.

PARENTAL SUPERVISION POLICY

It is a requirement of Bribie District Little Athletics Centre that **a parent/guardian must remain at the Sports Grounds (around the hall or field not in the car park) to supervise their athlete at all training session, competition nights and any other BDLAC events**. Under no circumstance (regardless of their age) should an athlete be left at the grounds unattended. We are not able to administer medical assistance without the permission of the athlete's caregiver.

CALENDAR OF EVENTS FOR 2022/2023 SEASON

August

19th Orientation Night - no recording BDLAC Sandstone Point Oval
26th Orientation Night - no recording BDLAC Sandstone Point Oval

September

2rd First Competition Night BDLAC Sandstone Point Oval
9th Competition Night BDLAC Sandstone Point Oval
16th Competition Night BDLAC Sandstone Point Oval
23rd Competition Night BDLAC Sandstone Point Oval
30th Competition Night BDLAC Sandstone Point Oval

October

7th Competition Night BDLAC Sandstone Point Oval
14th Competition Night BDLAC Sandstone Point Oval
21st Competition Night BDLAC Sandstone Point Oval
28th Competition Night BDLAC Sandstone Point Oval

November

4th Competition Night BDLAC Sandstone Point Oval
(Regional Relay Championships 5th November at Sunshine Coast University)
11th Competition Night (Coles community Round) BDLAC Sandstone Point Oval
18th Competition Night BDLAC Sandstone Point Oval
25th Competition Night (Centre Competition Night) BDLAC Sandstone Point Oval

December

2nd Competition Night BDLAC Sandstone Point Oval
9th Competition Night (Last for the 1st half of season) BDLAC Sandstone Point Oval
16th Competition Night *(Possible make up night) BDLAC Sandstone Point Oval*

January

13th Competition Night BDLAC Sandstone Point Oval
20th Competition Night BDLAC Sandstone Point Oval
27th Competition Night BDLAC Sandstone Point Oval

February

3rd NO Competition Night BDLAC Sandstone Point Oval
(Regional Championships 4th & 5th February at the Sunshine Coast University)
10th Competition Night BDLAC Sandstone Point Oval
17th Competition Night BDLAC Sandstone Point Oval
24th Competition Night BDLAC Sandstone Point Oval

CALENDAR OF EVENTS FOR 2022/2023 SEASON CONTINUED

March

3rd Competition Night		BDLAC Sandstone Point Oval
10 th Competition Night		BDLAC Sandstone Point Oval
17 th Competition Night		BDLAC Sandstone Point Oval
24 th NO MEET (DUE TO STATE CHAMPIONSHIPS in Townsville)		
31 st Competition Night	(Break up night)	BDLAC Sandstone Point Oval
23 rd April Awards Day		LOCATION TBC

CENTRE CARNIVALS SANCTIONED BY LAQ FOR 2022/2023 SEASON

Please always check LAQ webpage or BDLAC facebook page to confirm Competition Dates and Venues

September 2022

24th Saturday – Coles Spring Carnival, Bundaberg

October 2022

15th Saturday – Caboolture Twilight Carnival
22nd Saturday - Coles Summer Carnival SAF, Nathan

November 2022

12th Saturday – Regional Relays University Sunshine Coast

December 2022

3rd Dec Saturday - State Relay Championships SAF, Nathan

January 2023

14th Jan Saturday – Redcliffe Carnival at Redcliffe

February 2023

4th & 5th February - Regional Championships University Sunshine Coast
25th – Deception Bay Carnival at Deception Bay

March 2023

24th to 26th - State Championships Townsville

REGISTRATION

The registration fee includes membership to Little Athletics Queensland (LAQ), Bribie District Little Athletics (BDLAC) and covers athletes with insurance at training sessions, during competition season and at any LAQ carnivals throughout the season.

****Please note that once fees are paid to Bribie District Little Athletics these are non-refundable.**

REGISTRATION AGE TABLE

Athletes are assigned to a particular age group based on the year they were born as per the Registration Ages Table below. The ages listed below refer to the athlete's age group (eg. 13 means U13)



REGISTRATION AGES TABLE 2022/2023 SEASON

The ages listed below refer to the athlete's age group (eg. 13 means U13)

	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
JAN	17	16	15	14	13	12	11	10	9	8	7	6	TT	TT
FEB	17	16	15	14	13	12	11	10	9	8	7	6	TT	TT
MAR	17	16	15	14	13	12	11	10	9	8	7	6	TT	TT
APR	17	16	15	14	13	12	11	10	9	8	7	6	TT	TT
MAY	17	16	15	14	13	12	11	10	9	8	7	6	TT	TT
JUN	17	16	15	14	13	12	11	10	9	8	7	6	TT	TT
JUL	17	16	15	14	13	12	11	10	9	8	7	6	TT	TT
AUG	17	16	15	14	13	12	11	10	9	8	7	6	TT	TT
SEP	17	16	15	14	13	12	11	10	9	8	7	6	TT	TT
OCT	17	16	15	14	13	12	11	10	9	8	7	6	TT	TT
NOV	17	16	15	14	13	12	11	10	9	8	7	6	TT	TT
DEC	17	16	15	14	13	12	11	10	9	8	7	6	TT	TT

TINY TOTS & U6 AGE GROUPS

Three and four olds may register as a Tiny Tot if the Centre runs such a program. Children who are two years old and have not yet turned three are not permitted to join Little Athletics until their third birthday.

Children that have turned five years can register as an U6.

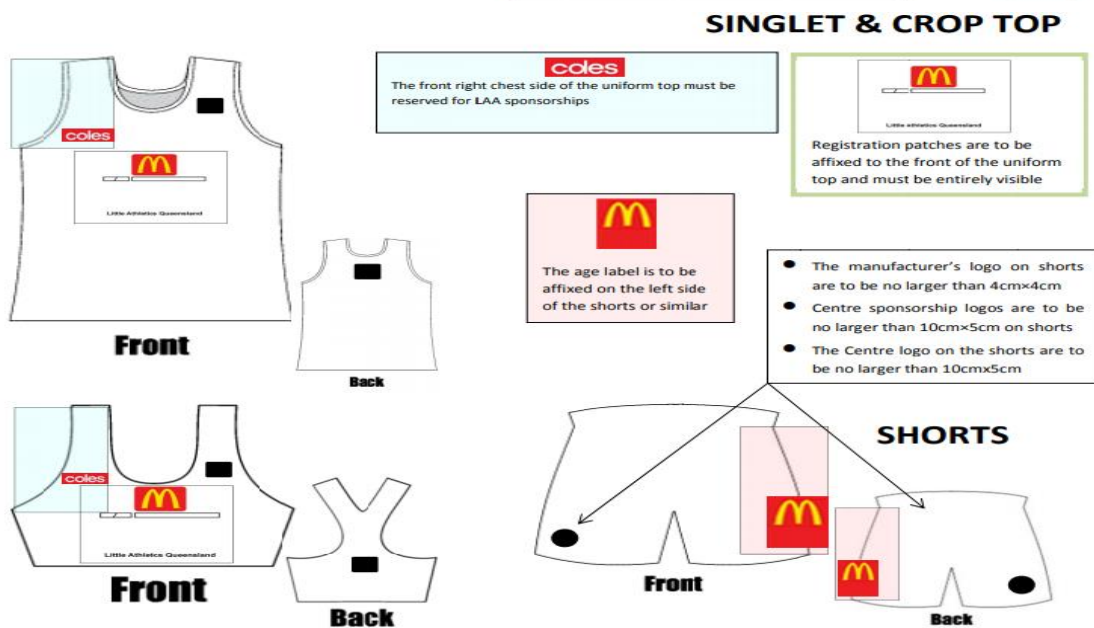
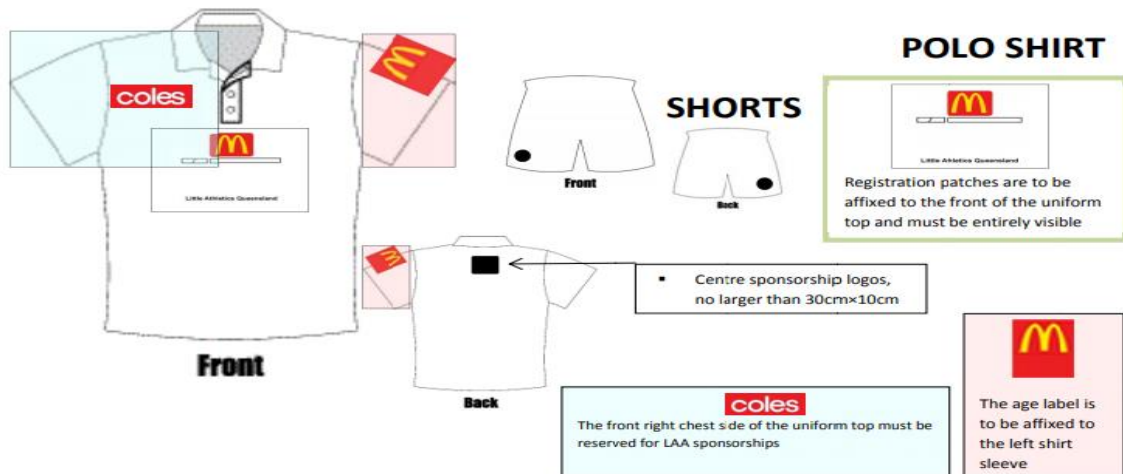
Athletes will receive the following when registering with the club:

- Registration Number to be attached to the front of shirt
- An age label to be attached to the left sleeve of shirt or left leg of shorts/bike pants
- LAQ Sponsor badge to be attached to right side chest of shirt/singlet/crop top
- McDonalds Achievement Card
- BDLAC Handbook (one per family)

UNIFORM

The BDLAC Uniform is **COMPULSORY** at all centre competition nights and for all competing athletes at Regional and Association level. Registration numbers should be attached to the front of the polo shirt or singlet. Most people sew these numbers on as they are required for the entire season at all levels of competition. The athletes name must be clearly marked in the box provided. The age label pocket should be sewn on the left-hand sleeve leaving the top open to allow for tickets to be placed in it. If the athlete is wearing a singlet, the pocket should be sewn on the left-hand side of the shorts. The COLES sponsorship badge should be sewn onto the right-hand side of the top. If you are unsure, please speak to a member of the committee for advice.

Full uniform, including all badges and numbers, must be worn when competing at all LAQ Association competitions.



FOOTWEAR

Suitable footwear must be worn by all athletes in all events. In accordance with LAQ policy, enclosed footwear is compulsory for athletes participating in all events.

Spike shoes can only be worn by certain age groups.

- U11 age groups and above in events run entirely in lanes, jumps and javelin. Discus and shot put require normal footwear or throwing shoes. Spike shoes are not permitted to be worn at Relays track events, unless competing in an U13-17 age group.

- U13 – U17 age groups may wear spikes in all track events (excluding walks).

All athletes are required to remove spiked shoes from feet and carry spiked shoes between events. Failure to do so may result in the athlete missing out on centre points for that evening.

PARENT HELP REGISTER

Officials and Marshalls should register their athletes name and athlete's registration number with our Volunteer Coordinator prior to the start of competition. In the event of arriving late and you wish to help, a task can still be found for you. Please ensure you register your name and athlete registration number otherwise there will be no record of your assistance. It is the responsibility of the helper to ensure the family name and registration number is recorded correctly with the Volunteer Coordinator before commencing allocated duties.

TRIAL NIGHTS

For all new athletes, we offer a trial period before paying the registration fees in full. This is to ensure that you and your child/children are familiar with the concept and are sure that you would like to join BDLAC. These trial nights come at a small fee of **\$10 per child per night, with a maximum of 2 trials per athlete**. The trial fees will be deducted from your registration fees when you register in full.

OPEN HOURS

Committee members will be at the grounds each Fridays as per the calendar of events from 3:30pm to pack up. If you need assistance after these hours, please send us an email or message us via messenger. Please consider Committee members are volunteers and have full time jobs, families and other general life commitments so we may not be able to respond to your enquiry as quickly as you would like but we will respond.

WEEKLY COMPETITIONS

Our weekly Friday evening competitions commence at 4:45pm beginning with the centre manager passing on important information to athletes and parents. This will be followed by a warm up for the athletes to prepare them for competition which will consist of 4-5 events depending on age group. An Age Marshall will oversee each age group ensuring that times/distances are recorded for each athlete's performance. Parent helpers are required each competition night to help measure, record, retrieve etc to ensure the smooth and efficient running of the age groups. Please ask how you can get involved to ensure the smooth running of each age group. Please access your results through the Results HQ program. An email with login details will be sent to you after registration is complete. If you have any questions or difficulties, please see the Registrar. The Centre Recorder will endeavour to get all BDLAC results entered by the end of the weekend. If you have any queries regarding times/distances recorded, please see our Recording Officer.

We have a six week program to ensure that the athletes get to compete in all events relevant to their age groups. You will find our program of events for our competition nights at the back of this handbook. Please note, programs are subject to change depending on the number of athletes in each age group.

PB BELL

On our competition nights athletes will be able to ring the PB bell when they achieve a new PB, this way everyone is able to cheer on and celebrate with them.

AGE MANAGERS

The Age Manager has one of the most important roles in Little Athletics. You are responsible for caring for and nurturing our young athletes. Your role is to provide a supportive environment in which athletes can learn and develop. An athlete's enjoyment of the sport will depend upon their experience at our Centre and you have the ability to ensure that this experience is a positive one. We appreciate that Age Managers are volunteers and we thank you for taking on this significant role. Here are a few tips to help you along the way. The Basics for Being a Good Age Manager

- The number 1 thing for an Age Manager to remember is that you must MAKE IT FUN. These 3 words contain possibly the most important piece of advice that can be given to an Age Manager. Make sure that you and the parents are also enjoying yourselves.
- Ensure that you are well-organised and promote maximum participation. Keep the athletes busy! Do not however 'force' any athlete to take part in an event.
- Focus upon the athlete's efforts and individual performances rather than the overall outcome of the event. In Little Athletics, a personal best is more important than a first place!
- Ensure that all athletes receive equal time and attention. Praise all achievements.
- Be fair, considerate and honest, and be a positive role model.

Tips for Effective Supervision

- Ensure that all children are within sight and/or hearing at all times, preventing activities from going on behind your back. If the group is too big, ask for assistance.
- Never leave the group unattended and ensure that children know that they should never leave the group without letting you know.
- Move around purposefully. Don't remain static. Be mobile, visible and involved.
- Acknowledge good behaviour with positive messages e.g. compliment the group if they organise themselves quickly; positively reinforce a participant who is paying attention.
- In the case of misbehaviour, an effective verbal reprimand showing a 'no nonsense' approach may be all that is needed. Such a reprimand should be clear, calm, firm, not harsh or a put down.

As stated earlier the role of Age Manager is an important one, but it also can be one of the most rewarding roles in Little Athletics. If you need help or assistance, please remember to ask. It is a requirement that no athlete be left on our oval on their own during the night therefore there will be lots of parents/caregivers around. Please ask for their help. This will ensure the smooth running of your age group. Most of all - make sure that you and the athletes have fun!!! If you feel that you would like to help out in this role, please contact a member of the committee.

TINY TOTS

Tiny Tots is for children aged 3 - 5 years old. It's a fun based program focusing on developing gross motor skills, fitness and balance and is heaps of fun. All exercises incorporate running, jumping, throwing with the aim of getting them ready for little athletics for ages 5 and up. The Policy was framed after due consideration of the National Guidelines for the involvement of children in Athletics. Centres are allowed the option of providing a Tiny Tots program for children three and four years old. The parent/guardian of the Tiny Tot athlete must be present while the child is participating. Activities: No times, no places, and no measurements. All activities are in accordance with Queensland Little Athletics Association (QLAA) programs.

EQUIPMENT

All the equipment belongs to the centre, and therefore may only be used under the supervision of committee, coaches and age managers and should be returned to the shed after each training session/competition night. For safety reasons, please report any damage/faulty equipment to the Equipment Officer or other Centre Committee Members.

LITTLE ATHLETICS CODE OF ETHICS

Little Athletics is primarily a fun activity for young children who wish to participate in healthy competition with their friends. To benefit our athletes, the code of ethics has been put into place and every person, adult or child is expected to adhere to it:

- Do not criticise, abuse or scream at athletes.
- Accept decisions of all officials or referees as being fair and ruled upon in an impartial manner.
- Support other athletes in their endeavour to achieve the best they can.
- Encourage children in a positive manner as development is not the same in all therefore, some children may take time to show ability or improvement.
- Bear in mind all committee and helpers are volunteers giving up their time to help run our Centre.

BEHAVIOUR CODE

All athletes are to conduct themselves in a proper manner always both at the Centre and when representing BDLAC in competitions outside our Centre. BDLAC will not tolerate verbal or physical abuse by any athlete, parent or official. This Centre endorses the LAQ Zero Tolerance policy. The LAQ Zero Tolerance policy for parents, athletes, coaches and officials is available on the LAQ website www.laq.org.au

It is not whether you win or lose, but how you play the game. If anyone has a complaint regarding an athlete, parent or official, we request the matter is reported to either the Centre Manager or Assistant Centre Manager as soon as possible. Although endorsing the LAQ Zero Tolerance policy, BDLAC may vary the consequences depending on the severity of the behaviour and the breach of LAQ Code of Conduct. Serious violations may result in LAQ involvement and could possibly include further restrictions or limitation regarding the involvement within our centre, or exclusion from our Centre and or competition/s

Bribie District Little Athletics Centre aims to enforce the LAQ Code of Conduct allowing athletes, parents and officials to enjoy being a part of BDLAC and the greater Little Athletics community.

DISCIPLINE POLICY

Athletes should note that persons displaying unacceptable behaviour, which may cause danger and disruption to others, will be stopped from further participation in their competition and no points will be allocated. Should the executive committee decide the behaviour warrants, the athlete may be dismissed from any further competition within the centre. Unacceptable behaviour, which may be reported when the athlete is representing Bribie District Little Athletics at another venue, could also result in dismissal from the centre. It may also be noted that should dismissal occur, no refund of fees will be given.

PROHIBITIONS

The following are prohibited on the Sandstone Point Oval during competition times:

- Parking of cars; except for the Canteen Convenor or Committee members performing maintenance or towing of equipment
- Dogs
- Smoking: Qld Government policy prohibits smoking within 10 metres of any competition or spectator areas during any competition. Therefore, smoking is prohibited at the Sandstone Point Oval and spectator boundaries.
- NO Alcohol/drugs is permitted to be consumed within the BDLAC boundaries
- Riding of bikes/scooters
- Throwing stones or any other projectiles, including any equipment e.g., javelin, shot put or discus when not supervised
- Crossing the track whilst an event is in progress
- Abusive language will not be tolerated by any athlete or parent at any time

LAQ CARNIVALS AND COMPETITIONS

McDonalds Regional/State Relays Athletes from U7 to U17 age groups may nominate for entry to this carnival with the Recording Officers and Team Manager arranging athletes into track teams based on performance. Please only nominate for this carnival if you can attend both regional and state relay days.

Regional Championships are the only means by which an athlete can qualify to compete at the State Championships. Athletes in the U7 and U8 age groups are unable to advance to the State Championships but receive a participation medal for attending on the day. McDonalds State Championships are only open to athletes between U9 and U17 years, who have qualified through Regional Championships. The State Championships will this season be held at QSAC Nathan.

CARNIVALS

BDLAC encourages you to attend as many carnivals as possible. The experience and competition gained from these carnivals will help improve your performances. Should you decide to attend a carnival, you must wear the correct centre uniform and compete in your own age group. When attending carnivals, it is encouraged all athletes sit together as a team and support each other in events. Watch our facebook page for upcoming carnivals and closing dates for nominations.

McDONALDS ACHIEVEMENT LEVELS

The McDonald's achievement levels are calculated from the averages of performances attained by LAQ athletes over the years. Green level, is within the reach of 100% of children with a little application, has achieved a good level of performance. Red level represents a very good performance, but still achievable by about 65% of children. Blue level represents an excellent performance achievable by about 20% of Little Athletes. Levels for each age group and all events are detailed on the pink (Girls) or blue (Boys) Achievement Cards. To receive a McDonald's Achievement Award Certificate, an athlete must reach the relevant level in all events applicable to their age group in three event groups. For example, an U13 athlete would be awarded a Green level certificate if they were to equal or better the Green level times and distances in (1) Hurdles: 80m Hurdles and 200m Hurdles, (2) Sprints: 100m, 200m and 400m and in (3) Throws: Discus, Javelin and Shot Put. Any event group combination can be used to meet the criteria, providing the levels in three event groups are attained.

The McDonalds Achievement Trophies are presented at the end of the season to all athletes who qualify against the participation, volunteer nights and financial criteria set out in this Handbook. Achievements are only taken from the date of Registration. **Performances from trial nights are not included in the determination of achievement certificates or trophies.**

AWARD ELIGIBILITY

Each athlete will receive at least one trophy at the end of the season providing attendance and parental assistance criteria has been met.

- The athlete must attend and participate in **at least 70% of Friday competition nights** during the season. This is including returning to at least 4 competition nights following the Christmas break. Attendance is officially recorded when an athlete participates in a minimum of 3 events on a competition night. The attendance requirement may be considered for exemption by the Centre Management Committee in the event of long-term illness/injury. A parent/guardian must communicate in writing to BDLAC, with any supporting evidence of the absence, to be considered for exemption.
- The athlete's family **must have volunteered a minimum of twelve times (12)** throughout the BDLAC season. One Volunteer session is considered to be 1 entire Friday afternoon from 4:45pm until the role is completed, 1 working bee, 1 allocated time slot session for a BDLAC event outside of a Friday night and 1 event at an LAQ Regional Carnival.

The volunteer requirement may be reduced for those who register later in the season. The Centre Management Committee must be notified in writing if a family anticipates they will not be able to meet this requirement, along with any supporting evidence. Depending on circumstances the Committee **may** decide on a revised number of nights for the family to meet. Help nights also include helping BDLAC at events outside of our Friday Competition nights eg. Sausage sizzles, LAQ competitions.

Athletes must be a full financial member to receive a trophy.

Bribie District Little Athletics Centre AWARDS

Laurie Baartz Award

This is a LAQ Award presented to a Little Athlete each year who has shown the greatest degree of personal improvement. It is based on Personal Achievement in a range of events recorded at Centre level over a nominated 10-week period. Points are awarded for athletes exceeding Personal Bests at the centre level.

The Bribie District athlete with the highest point score wins the Laurie Baartz Nominee Award and is nominated for the State Award. The athlete with the highest point score in the state wins the Laurie Baartz State Award.

Eligibility criteria

One boy **or** girl from any age group with the highest point score over the nominated 10 weeks

BDLAC Laurie Baartz Nominee 2021/2022

Skylah Harwood

George Harvey Award

The George Harvey Award is presented each year to one girl and boy in Queensland who best demonstrates they embrace the ideals of Little Athletics. Eligibility for the award is not restricted by athletic as demonstrated on the track and field. The Brisbane District Athlete nominated for this award will receive a nomination trophy.

Eligibility criteria

The athlete nominated by BDLAC committee will have been a regular attendee of Centre and Regional competitions and will have demonstrated a willingness to participate in the full range of Little Athletic events. They will have been involved in Little Athletics for a minimum of 5 years and will currently be in the U15-17 age groups. The athlete should have been an ambassador for Little Athletics and proud of their involvement in the sport and promoted it amongst their peers.

Required Attributes:

- Leadership: Is an example to others and shows a desire to assist in the skill development of others
- Respect: Is always courteous showing regard for fellow athletes and officials and accepts the judges' decisions
- Perseverance: Performs with a determination to attain personal goals even if difficulties and setbacks are encountered
- Sportsmanship: Abides by a code of fair play and is gracious in victory and defeat
- Enthusiasm: Irrespective of ability, displays a keenness to become involved in all activities

BDLAC George Harvey Nominee 2021/2022

Connor Damrow

Pumicestone Award

The Pumicestone Award is a Centre award presented to a non-committee member/family who is nominated by the Volunteer Co-Ordinator and endorsed by the BDLAC Committee. Ali King, MP for Pumicestone, is the sponsor and presenter of this award in recognition of the commitment of the recipient for their contribution to the Bribe District Little Athletics community.

Eligibility criteria

A commitment in assisting BDLAC in performing duties well over and above what is generally required. The award recipient would have regularly assisted at the Centre and at Regional and LAQ carnivals.

Pumicestone Award 2021/2022

Ashley and Shannon Hibberd

Family Certificates of Appreciation

Rather than charging a Parent Levy, families are required to help at least 12 times during the season for their child to be eligible for a trophy. This method is to make it equitable for all families and ensure we have enough volunteers each Friday night enabling the program to run quickly and efficiently.

Certificates are awarded each year to those families who meet this volunteer criteria.

Ten Year Participation Pin

Presented to athletes by LAQ with a total of 10 years participation in Little Athletics within Australia. The ten years is not required to be continuous.

Senior Sports Girl & Boy Awards

This award is presented to the best & fairest male and female athlete from the U13-U17 age groups based on performances across the full range of their events and other criteria.

Eligibility criteria

The winner of this award has:

- the highest total of points based on McDonalds achievement levels
- demonstrates a high degree of sportsmanship
- abides by all BDLAC rules and is respectful of other athletes and officials

Senior Sports Girl & Senior Sports Boy Award 2021/2022

Myles Miller & Tiana Anderson

Junior Sports Girl & Boy Awards

This award is presented to the best & fairest male and female athlete from the U9-U12 age groups based on performances across the full range of their events and other criteria.

Eligibility criteria

The winner of this award has:

- the highest total of points based on McDonalds achievement levels
- demonstrates a high degree of sportsmanship
- abides by all BDLAC rules and is respectful of other athletes and officials

Junior Sports Girl & Junior Sports Boy Award 2021/2022

Seamus Hand & Evie Crew

State Competitor Award

Athletes are presented with a State Competitor Award when they qualify to compete at the State Championships through outstanding performances at Regional Championships. These awards are proudly sponsored and presented by Cr Brooke Savige.

Eligibility criteria

Athletes who come 1st-4th at Regional Championships or achieve a State qualifying to time or distance can compete at the State Championships.

Congratulations to the following athletes who qualified for both State Relays and State Championships.

Ivyleigh Gauci

Daniel Henderson

Bianca Damrow

Cassie Wallin

Ruby Pallentine

Myles Miller

Mackeelee Smith

Connor Damrow

Congratulations to the following athletes who qualified for the State Relays or the State Championships.

Evie Gallaher

Tyran Aczel

Abby Hayman

Kiki Woods

Christopher Walker

Charlotte Holloway

Tyler Matthews

Brock Smith

Bella Woods

Payton Gosney

Sinead Skilton

Ryan Waters

Rosa Gauci

Eugene Leech

Laylah Norman

Age Champion Awards

At the end of each season an age champion for each age group, boy and girl, will receive a trophy to recognise their season's performances. This award is for participation and performance during Friday night competition only.

Points are allocated as follows:

1 point for attendance (the completion of 3 events on a Friday competition night = 1 point)

3 points each time an athlete achieves a Personal Best (PB) in any event

2 points each time an athlete equals a Personal Best (PB)

The athlete in each group with the most points at the end of the season is awarded Age Champion.

Age Champions 2021/22 Season

U6

Audrey Knaggs and Ryan Brookfield

U7

Lacey Hibberd and Lennox Gallaher

U8

Skylah Harwood and Henry Pallentine

U9

Charlotte Holloway and Kade Hibberd

U10

Ruby Pallentine and Jacob Savige

U11

Evie Crew Seamus Hand

U12

Juliette Paliza

U13

Tiana Anderson and Myles Miller

U14

Laylah Norman and Brock Smith

U15

Bianca Damrow and Ryan Waters

U16

Ariella Paliza and Eugene Leech

U17

Connor Damrow

U17 AWD

Riley Kippen

GIRLS CENTRE RECORDS

U6

EVENT	RESULT	DATE	NAME
60m	13.40	13.11.2020	Natalie Raper
70m	14.50	30.10.2020	Lacey Hibberd
100m	21.89	01.10.2021	Tori Sawtell
200m	46.06	16.02.2018	Ivyleigh Gauci
High Jump	0.61	21.01.2020	Abby Webb
Long Jump	2.22	07.12.2018	Sienna Turner
Discus	7.57	07.12.2018	Georgia Dobson
Shotput	3.50	21.02.2020	Oaklii Wisewould
Vortex	9.10	19.10.2018	Georgia Dobson
Turbo Javelin	2.73	11.02.2022	Grace Muller

U7

EVENT	RESULT	DATE	NAME
60m	12.23	15.11.2019	Isabella Jacobs
70m	11.84	18.02.2022	Lacey Hibberd
100m	18.88	16.02.2018	Sophie Woods
200m	40.88	16.03.2018	Sophie Woods
300m	1.17.85	11.02.2022	Lacey Hibberd
High Jump	0.73	12.03.2021	Oaklii Wisewould
Long Jump	2.70	21.01.2022	Lacey Hibberd
Discus	7.57	27.10.2017	Tylah Minifie
Shotput	5.32	11.01.2019	Jayda Hurst
Vortex	13.52	06.03.2020	Georgia Dobson
Turbo Javelin	7.58	19.11.2021	Eva Thams

U8

EVENT	RESULT	DATE	NAME
60m	10.51	02.09.2017	Charli Bell
70m	11.62	23.03.2018	Charli Bell
100m	17.71	09.10.2018	Sophie Woods
200m	37.88	30.11.2018	Sophie Woods
300m Walk	2.12.12	12.03.2021	Rosa Gauci
500m	2.09.33	26.02.2021	Rosa Gauci
60m Hurdles	13.20	26.02.2021	Rosa Gauci

High Jump	0.95	26.10.2018	Amber Laidler
Long Jump	2.93	12.03.2021	Rosa Gauci
Discus	10.45	28.02.2020	Harper Racine
Shotput	5.27	06.03.2020	Harper Racine
Vortex	15.98	23.03.2018	Charli Bell
Turbo Javelin	6.72	19.11.2021	Halle Ferguson

U9

EVENT	RESULT	DATE	NAME
60m	10.00	19.10.2018	Summer Carriage
70m	11.33	02.10.2020	Ivyleigh Gauci
100m	16.13	26.10.2018	Summer Carriage
200m	35.16	08.03.2019	Summer Carriage
400m	1'26.13	08.03.2019	Summer Carriage
800m	3'23.45	18.01.2019	Summer Carriage
300m Walk	1.53.15	26.02.2021	Ruby Pallentine
700m Walk	4'51.38	14.09.2018	Marli Stanley
60m Hurdles	12.88	23.11.2018	Summer Carriage
High Jump	1.00	29.01.2021	Ivyleigh Gauci
Long Jump	3.33	03.09.2021	Rosa Gauci
Discus	12.64	22.03.2019	Charli Bell
Shotput	5.28	04.01.2019	Charli Bell
Vortex	17.81	26.02.2021	Ruby Pallentine
Turbo Javelin	9.41	11.02.2022	Rachael Kearsley

U10

EVENT	RESULT	DATE	NAME
60m	11.82	19.10.208	Samantha Kippen
70m	11.29	19.11.2021	Ivyleigh Gauci
100m	15.87	17.09.2021	Ivyleigh Gauci
200m	34.49	29.11.2019	Charli Bell
300m	1'03.20	02.11.2018	Sienna Stanley
400m	1.17.90	15.10.2021	Ivyleigh Gauci
800m	3'09.84	17.1.2017	Kayla Murcutt
700m Walk	5.18.75	13.03.2021	Evie Crew
1100m Walk	7.38.00	28.01.2021	Ruby Pallentine
60m Hurdles	12.22	16.03.2018	Isabell Coogan
High Jump	1.05	10.11.2017	Isha Leech & Jayda Hurst

Long Jump	3.46	07.01.2022	Ivyleigh Gauci
Discus	15.15	21.02.2020	Rose Adams
Shotput	6.34	08.10.2021	Bella Woods
Vortex	20.35	31.01.2020	Charli Bell
Turbo Javelin	12.45	28.01.2022	Bella Woods

U11

EVENT	RESULT	DATE	NAME
70m	9.88	21.09.2018	Isabell Coogan
80m	13.08	19.10.2018	Kayla Murcutt
100m	14.86	08.10.2021	Maliyah Gregory
200m	32.78	07.09.2018	Isabell Coogan
300m	1'01.09	18.10.2019	Jade Marsh
400m	1.20.95	19.11.2021	Maliyah Gregory
800m	3'13.71	14.09.2018	Isabell Coogan
1500m	0.00	25.01.2019	Kayla Murcutt
700m Walk	7.42.79	12.03.2021	Mia Forrester
1100m Walk	7'14.26	28.09.2018	Isabell Coogan
60m Hurdles	12.03	25.01.2019	Isabell Coogan
80m Hurdles	19.55	06.03.2020	Sailah Wisewould
High Jump	1.17	02.11.2018	Kahli Law
Long Jump	3.77	19.11.2021	Maliyah Gregory
Triple Jump	6.75	16.03.2018	Cassie Wallin
Discus	16.89	01.03.2019	Selena Hernandez
Shotput	6.62	04.12.2020	Mia Forrester
Javelin	12.44	18.10.2019	Jade Marsh

U12

EVENT	RESULT	DATE	NAME
70m	10.38	16.02.2018	Ruby Orchard
80m	12.59	19.10.2018	Mackeelee Smith
100m	14.40	13.10.2017	Ruby Orchard
200m	21.23	12.03.2021	Mikayla Waters
300m	55.51	02.11.2018	Mackeelee Smith
400m	1'13.06	1'13.06	Ruby Orchard
800m	0.00	0.00	Lataya DePauw
1500m	6'10.97	6'10.97	Ruby Orchard

300m Walk	5.06.56	12.03.2021	Sailah Wisewould
1100m Walk	7.29.14	17.09.2021	Juliette Paliza
1500m Walk	10'33.34	10'33.34	Mackeelee Smith
60m Hurdles	12.64	12.64	Abby Hayman
80m Hurdles	17.47	17.47	Abby Hayman
High Jump	1.33	1.33	Ruby Orchard
Long Jump	4.16	4.16	Abby Hayman
Triple Jump	8.65	8.65	Emi Leech
Discus	15.24	15.24	Emi Leech
Shotput	7.93	7.93	Emi Leech
Javelin	20.11	20.11	Ruby Orchard

U13

EVENT	RESULT	DATE	NAME
70m	9.84	11.02.2022	Tiana Anderson
100m	13.84	22.09.2017	Jayd Haynes
200m	30.22	15.09.2017	Jayd Haynes
300m	52.21	27.09.2019	Abby Hayman
400m	1'12.82	02.09.2017	Jayd Haynes
800m	3'06.20	22.09.2017	Eleanor Dean
1500m	6'57.57	01.11.2019	Cassie Wallin
700m Walk	5.10.81	12.03.2021	Jasmine Wallin
1500m Walk	10'20.78	01.03.2019	Emi Leech
80m Hurdles	16.79	06.03.2020	Amber Poulton
200m Hurdles	35.02	28.02.2020	Abby Hayman
High Jump	1.30	22.09.2017	Eleanor Dean
Long Jump	4.21	24.01.2020	Abby Hayman
Triple Jump	8.98	18.10.2019	Mackeelee Smith
Discus	28.57	24.01.2020	Kristin Adams
Shotput	9.33	25.10.2019	Kristin Adams
Javelin	19.51	10.01.2020	Abby Hayman

U14

EVENT	RESULT	DATE	NAME
70m	9.82	24.11.2017	Putri Clark
100m	14.13	22.09.2017	Putri Clark
200m	29.56	07.09.2018	Ruby Orchard
300m	48.20	02.11.2018	Zoe Thomsen
400m	1'13.08	12.03.2021	Amber Poulton
800m	3'00.75	01.02.2019	Ruby Orchard
1500m	6'40.85	25.01.2019	Ruby Orchard
700m Walk	5.03.53	26.02.2021	Sinead Skilton
1500m Walk	10'25.12	22.11.2019	Emi Leech
80m Hurdles	16.53	12.02.2021	Amber Poulton
200m Hurdles	35.76	28.02.2020	Emi Leech
High Jump	1.35	22.09.2017	Emilee Bell
Long Jump	4.15	15.10.2021	Laylah Norman
Triple Jump	8.72	25.10.2019	Emi Leech
Discus	19.03	01.02.2019	Ruby Orchard
Shotput	8.60	24.11.2017	Putri Clark
Javelin	18.78	26.10.2018	Ruby Orchard

U15

EVENT	RESULT	DATE	NAME
70m	10.19	19.10.2018	Jazmin Crouch
100m	13.47	14.09.2018	Jazmin Crouch
200m	30.51	19.10.2018	Jazmin Crouch
300m	59.90	02.11.2018	Emilee Bell
400m	1'26.72	01.03.2019	Emilee Bell
800m	3.00.33	15.10.21	Sinead Skilton
1500m	9'01.85	28.09.2018	Emilee Bell
700m Walk	4.36.38	26.02.2021	Emi Leech
1500m Walk	12'09.06	22.11.2019	Emilee Bell
90m Hurdles	20.84	05.10.2018	Jazmin Crouch
200m Hurdles	37.04	19.02.2021	Emi Leech

300m Hurdles	1'07.50	18.01.2019	Emilee Bell
High Jump	1.35	18.02.2022	Isha Leech
Long Jump	4.22	22.10.2021	Abby Hayman
Triple Jump	9.34	22.01.2021	Emi Leech
Discus	21.25	28.01.2022	Bianca Damrow
Shotput	8.42	22.10.2021	Bianca Damrow
Javelin	18.70	26.02.2021	Emi Leech

U16

EVENT	RESULT	DATE	NAME
70m	10.33	24.11.2017	Amber Hoskinson
100m	13.89	22.09.2017	Amber Hoskinson
200m	29.68	06.10.2017	Amber Hoskinson
300m	1'02.27	27.09.2019	Rylea Adams
400m	1'16.71	13.10.2017	Amber Hoskinson
800m	3'22.03	15.10.21	Ariella Paliza
1500m	7'36.03	01.20.2021	Ariella Paliza
700m Walk	5'42.93	15.10.2021	Ariella Paliza
1500m Walk	12'10.57	31.01.2020	Emilee Bell
90m Hurdles	19.53	22.11.2019	Rylea Adams
200m Hurdles	45.24	08.10.2021	Ariella Paliza
High Jump	1.41	28.02.2020	Emilee Bell
Long Jump	3.95	14.09.2018	Mackaylah Smith
Triple Jump	8.45	20.09.2019	Emilee Bell
Discus	24.98	21.02.2020	Rylea Adams
Shotput	8.94	28.02.2020	Rylea Adams
Javelin	15.65	31.01.2020	Emilee Bell

U17

EVENT	RESULT	DATE	NAME
70m	10.56	16.03.2018	Haylee Bell
100m	14.22	08.09.2017	Haylee Bell
200m	21.16	15.09.2017	Haylee Bell

400m	1'16.76	10.11.2017	Haylee Bell
800m	3'08.97	23.03.2018	Haylee Bell
1500m	7'06.34	16.03.2018	Haylee Bell
1500m Walk	11'40.78	27.10.2017	Haylee Bell
100m Hurdles	22.15	17.11.2017	Haylee Bell
200m Hurdles	40.59	09.02.2018	Haylee Bell
High Jump	1.35	22.09.2017	Haylee Bell
Long Jump	3.58	15.09.2017	Haylee Bell
Triple Jump	7.92	02.03.2018	Haylee Bell
Discus	15.63	21.02.2020	Sarah Frankham
Shotput	6.80	28.02.2020	Sarah Frankham
Javelin	13.83	22.11.2019	Sarah Frankham

BOYS CENTRE RECORDS

U6

EVENT	RESULT	DATE	NAME
60m	12.74	28.02.2020	Henry Pallentine
70m	14.31	16.02.2018	Haiden Frey
100m	21.09	23.03.2018	Slater Aczel
200m	45.46	21.02.2020	Henry Pallentine
Long Jump	2.50	21.01.2020	Henry Pallentine
Discus	9.42	21.02.2020	Kai Cameron
Shotput	6.00	21.02.2020	Kai Cameron
Vortex	12.86	22.01.2021	Sebastian Paga
Jurbo Javelin	3.08	11.02.2022	Ryan Brookfield

U7

EVENT	RESULT	DATE	NAME
60m	10.63	08.09.2017	Jett Bulley
70m	11.42	18.02.2022	Lennox Gallaher
100m	17.90	17.11.2017	Jett Bulley
200m	40.00	16.02.2018	Jett Bulley
300m	1.07.14	11.02.2022	Lennox Gallaher
High Jump	0.88	12.03.2021	Henry Pallentine
Long Jump	2.90	15.10.2021	Sebastian Paga
Discus	13.92	03.11.2017	Bentley Browne
Shotput	6.00	03.11.2017	Jett Bulley
Vortex	17.80	12.02.2021	Austin Beattie
Turbo Javelin	12.65	21.10.2022	Sebastian Paga

U8

EVENT	RESULT	DATE	NAME
60m	11.21	27.11.2020	Kade Hibberd
70m	12.17	11.09.2020	Kade Hibberd
100m	17.89	22.03.2019	Haiden Frey
200m	39.68	06.03.2020	Slater Aczel

500m	2.05.94	14.01.2022	Henry Pallentine
300m Walk	2.11.06	12.03.2021	Kade Hibberd
60m Hurdles	13..00	11.02.2022	Henry Pallentine
High Jump	0.93	22.10.21	Henry Pallentine
Long Jump	3.00	25.01.2019	Braxton Smith
Discus	13.96	18.02.2022	Jaxon Matthews
Shotput	5.55	26.02.2021	Kade Hibberd
Vortex	21.12	13.03.2021	Archer Ferguson
Turbo Javelin	11.89	11.02.2022	Thomas Bender

U9

EVENT	RESULT	DATE	NAME
60m	9.02	08.09.2017	Reegan Kliese
70m	11.00	03.11.2017	Reegan Kliese
100m	15.56	01.12.2017	Reegan Kliese
200m	32.72	16.02.2019	Reegan Kliese
400m	1'20.81	16.02.2019	Reegan Kliese
800m	3'12.84	01.12.2017	Reegan Kliese
300m Walk	2.06.78	26.02.2021	Slater Aczel
700m Walk	4'43.14	24.11.2017	Jayden Te Kahu
60m Hurdles	11.47	24.11.2017	Reegan Kliese
High Jump	1.08	17.11.2017	Reegan Kliese
Long Jump	3.21	01.02.2019	Jett Bulley
Discus	15.73	22.03.2019	Hudson Wisewould
Shotput	5.54	01.02.2019	Jett Bulley
Vortex	23.43	12.02.2021	Slater Aczel
Turbo Javelin	13.47	14.01.2022	Archer Ferguson

U10

EVENT	RESULT	DATE	NAME
60m	9.65	19.10.2018	Kobe French
70m	10.36	15.02.2019	Kobe French
100m	15.32	02.09.2017	William Wild
200m	30.46	08.03.2019	Reegan Kliese

300m	54.65	02.11.2018	Reegan Kliese
400m	1'19.00	19.10.2018	Kobe French
800m	3'04.09	22.09.2017	William Wild
700m Walk	5.16.47	12.03.2021	Braxton Smith
1100m Walk	7.27	16.11.2018	Tyran Aczel
60m Hurdles	12.26	06.03.2020	Charlie Poulton
High Jump	1.15	22.02.2019	Reegan Kliese
Long Jump	3.61	22.10.2021	Dekota White
Discus	18.68	28.02.2020	Hudson Wisewould
Shotput	7.60	25.09.2020	Braxton Smith
Vortex	27.10	28.02.2020	Charlie Poulton
Turbo Javelin	17.15	21.01.2022	Jacob Savige

U11

EVENT	RESULT	DATE	NAME
70m	10.64	28.09.2018	Jett Boardman
80m	12.27	19.10.2018	William Wild
100m	14.56	30.11.2018	William Wild
200m	31.73	25.09.2020	Charlie Poulton
300m	56.13	07.09.2018	William Wild
400m	1'14.59	12.02.2021	Charlie Poulton
800m	2'54.00	02.09.2017	Kailash Bowen
1500m	5'49.87	16.03.2018	Kailash Bowen
700m Walk	6.04.75	12.02.2021	Lachlan Pedersen
1100m Walk	7'17.94	02.03.2018	Kailash Bowen
60m Hurdles	11.57	25.01.2019	Jett Boardman
80m Hurdles	15.59	11.02.2022	Seamus Hand
High Jump	1.20	22.02.2019	Jett Boardman
Long Jump	4.16	28.01.2022	Seamus Hand
Triple Jump	8.67	11.02.2022	Seamus Hand
Discus	23.02	25.01.2019	Jett Boardman
Shotput	8.02	14.01.2022	Braxton Smith
Javelin	21.70	25.01.2019	Jett Boardman

U12

EVENT	RESULT	DATE	NAME
70m	9.65	02.11.2018	Dylan Patterson
80m	12.44	19.10.2018	Ryan Waters
100m	13.83	02.11.2018	Dylan Patterson
200m	29.06	07.12.2018	Dylan Patterson
300m	50.94	02.11.2018	Dylan Patterson
400m	1'10.78	07.12.2018	Dylan Patterson
800m	2'46.57	14.09.2018	Kailash Bowen
1500m	6'00.62	22.02.2019	Kailash Bowen
700m Walk	5.04.50	12.02.2021	Tyran Aczel
1100 Walk	7'28.58	17.09.2021	Warren Sealey
1500m Walk	9'31.46	24.11.2017	Kylan Webster-Camilleri
60m Hurdles	11.72	25.01.2018	Dylan Patterson
80m Hurdles	15.69	23.11.2018	Dylan Patterson
High Jump	1.25	06.10.2017	Jaiden Paddy
Long Jump	4.14	08.09.2017	Jaiden Paddy
Triple Jump	8.90	07.12.2018	Dylan Patterson
Discus	26.71	26.10.2018	Dylan Patterson
Shotput	8.40	17.09.2021	Hudson Wisewould
Javelin	17.38	01.12.2017	Jaiden Paddy

U13

EVENT	RESULT	DATE	NAME
70m	9.86	01.10.2021	Myles Miller
100m	13.11	08.10.2021	Myles Miller
200m	25.59	01.10.2021	Myles Miller
300m	50.18	27.09.2019	Ryan Waters
400m	1'11.14	25.10.2019	Ryan Waters
800m	2'42.47	11.02.2022	Daniel Henderson
1500m	5'40.00	18.02.2022	Daniel Henderson
700m Walk	4'36.58	15.10.21	Tyran Aczel

1500m Walk	9'55.83	31.01.2020	Ryan Waters
80m Hurdles	17.47	01.12.2017	Connor Damrow
200m Hurdles	31.69	08.10.2021	Myles Miller
High Jump	1.32	13.10.2017	Xavier Mawson
Long Jump	4.60	07.01.2022	Myles Miller
Triple Jump	9.14	14.01.2022	Myles Miller
Discus	20.34	13.10.2017	Xavier Mawson
Shotput	7.22	18.02.2022	Myles Miller
Javelin	16.04	23.03.2018	Connor Damrow

U14

EVENT	RESULT	DATE	NAME
70m	9.89	24.11.2017	Jacob Taylor
80m	14.90	01.02.2019	Connor Damrow
100m	13.22	02.11.2018	Connor Damrow
200m	27.92	04.12.2020	Ryan Waters
300m	47.66	02.11.2018	Connor Damrow
400m	1'03.44	12.03.2021	Ryan Waters
800m	2'40.03	26.02.2021	Ryan Waters
1500m	5'37.59	04.12.2020	Ryan Waters
700m Walk	4'29.78	22.01.2021	Ryan Waters
1500m Walk	9'45.00	16.10.2020	Ryan Waters
90m Hurdles	17.69	30.11.2018	Connor Damrow
200m Hurdles	32.46	13.11.2020	Ryan Waters
High Jump	1.35	16.11.2018	Connor Damrow
Long Jump	4.47	12.03.2021	Ryan Waters
Triple Jump	8.93	11.12.2020	Logan Tickle
Discus	22.74	25.01.2019	Connor Damrow
Shotput	11.00	24.11.2017	Jacob Taylor
Javelin	20.25	14.01.2022	Brock Smith

U15

EVENT	RESULT	DATE	NAME
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70m	9.76	24.09.2021	Logan Tickle
100m	13.34	15.11.2019	Connor Damrow
200m	27.03	25.10.2019	Connor Damrow
300m	48.90	27.09.2019	Connor Damrow
400m	52.55	03.09.2021	Ryan Waters
800m	2'36.75	14.01.22	Ryan waters
1500m	5'41.66	21.01.2022	Ryan Waters
700m Walk	5.05.53	15.10.2021	Stefan Filipchich
1500m Walk	11'19.22	20.09.2019	Connor Damrow
100m Hurdles	19.23	10.09.2021	Ryan Waters
200m Hurdles	33.92	19.02.2021	Tyler Matthews
300m Hurdles	58.42	13.11.2020	Tyler Matthews
High Jump	1.46	28.01.2022	Logan Tickle
Long Jump	4.96	03.09.2021	Logan Tickle
Triple Jump	10.73	11.02.2022	Logan Tickle
Discus	32.21	26.02.2021	Tyler Matthews
Shotput	9.18	19.02.2021	Tyler Matthews
Javelin	19.71	11.02.2022	Logan Tickle

U16

EVENT	RESULT	DATE	NAME
70m	9.76	02.10.2020	Connor Damrow
100m	13.06	25.09.2020	Connor Damrow
200m	26.30	25.09.2020	Connor Damrow
400m	1'11.33	03.09.2021	Tyler Matthews
800m	2'58.65	15.10.2021	Tyler Matthews
1500m	7'39.62	29.11.2019	Ty Machan
1500m Walk	12'49.75	22.11.2019	Ty Machan
100m Hurdles	18.32	27.11.2020	Connor Damrow
High Jump	1.55	30.10.2020	Connor Damrow
Long Jump	4.87	06.11.2020	Connor Damrow
Triple Jump	10.14	30.10.2020	Connor Damrow

Discus	35.00	21.01.2022	Tyler Matthews
Shotput	9.88	30.10.2020	Connor Damrow
Javelin	25.75	10.09.2021	Tyler Matthews

U17

EVENT	RESULT	DATE	NAME
70m	11.49	21.01.2022	Connor Damrow
100m			
200m			
400m			
800m			
1500m			
1500m Walk			
100m Hurdles			
High Jump	1.00	17.09.2021	Conner Damrow
Long Jump			
Triple Jump			
Discus	27.70	28.01.2022	Connor Damrow
Shotput	9.11	22.10.2021	Connor Damrow
Javelin	21.53	21.02.2022	Connor Damrow

AWD CENTRE RECORDS

U13 AWD

EVENT	RESULT	DATE	NAME
AWD 70m	18.62	16.02.2018	Riley Kippen
AWD 100m	29.58	06.10.2017	Riley Kippen
AWD 200m	1'19.34	15.09.2017	Riley Kippen
AWD 400m	2'45.32	02.09.2017	Riley Kippen
AWD 1500m	16'25.95	24.11.2017	Riley Kippen
80m Mini Hurdles	33.71	23.03.2018	Riley Kippen
AWD Discus	5.34	02.03.2018	Riley Kippen
AWD Shotput	3.40	15.09.2017	Riley Kippen
AWD Javelin	5.50	23.03.2018	Riley Kippen

AWD Turbo Jav	3.95	19.01.2018	Riley Kippen
AWD High Jump	0.75	13.10.2017	Riley Kippen
AWD Long Jump	1.50	27.10.2017	Riley Kippen

U14 AWD

EVENT	RESULT	DATE	NAME
AWD 70m	20.00	22.02.2019	Riley Kippen
AWD 100m	27.19	07.12.2018	Riley Kippen
AWD 200m	48.29	19.10.2018	Riley Kippen
AWD 300m	2'55.22	02.11.2018	Riley Kippen
AWD 400m	2'59.28	07.12.2018	Riley Kippen
AWD Discus	6.88	02.11.2018	Riley Kippen
AWD Shotput	5.14	22.03.2019	Riley Kippen
AWD Javelin	5.88	22.03.2019	Riley Kippen
AWD High Jump	1.00	26.10.2018	Riley Kippen
AWD Long Jump	1.36	23.11.2018	Riley Kippen

U15 AWD

EVENT	RESULT	DATE	NAME
AWD 70m	19.69	18.10.2019	Riley Kippen
AWD 100m	18.05	08.11.2019	Riley Kippen
AWD 200m	1'03.43	08.11.2020	Riley Kippen
AWD 400m	2'42.83	25.10.2019	Riley Kippen
AWD 800m	6'08.12	06.03.2020	Riley Kippen
AWD 100m Hurdles	40.42	20.09.2019	Riley Kippen
AWD Discus	7.70	29.11.2019	Riley Kippen
AWD Shotput	5.99	24.01.2020	Riley Kippen
AWD Javelin	8.70	29.11.2019	Riley Kippen
AWD High Jump	0.75	24.01.2020	Riley Kippen
AWD Long Jump	3.72	25.10.2019	Riley Kippen
AWD Triple Jump	3.80	24.01.2020	Riley Kippen

U16 AWD

EVENT	RESULT	DATE	NAME
AWD 70m		18.10.2019	Riley Kippen
AWD 100m		08.11.2019	Riley Kippen
AWD 200m Hurdles	33.36	19.02.2021	Christopher Walker
AWD 400m	3'37.20	20.11.2020	Riley Kippen
AWD 800m	2'59.50	22.01.2021	Christopher Walker
AWD 1500m	7'05.26	29.01.2021	Christopher Walker
AWD 100m Hurdles	40.42	20.09.2019	Riley Kippen
AWD 700m Walk	4.39.34	22.01.2021	Christopher Walker
AWD Discus	7.31	09.10.2020	Riley Kippen
AWD Shotput	8.32	12.03.2021	Christopher Walker
AWD Javelin	8.42	27.11.2020	Riley Kippen
AWD High Jump	0.70	20.11.2020	Riley Kippen
AWD Long Jump	3.70	12.03.2021	Christopher Walker
AWD Triple Jump	3.75	16.10.2020	Riley Kippen

U17 AWD

EVENT	RESULT	DATE	NAME
AWD 70m	10.40	24.09.2021	Christopher Walker
AWD 100m	14.37	17.09.2021	Christopher Walker
AWD 200m Hurdles	34.71	08.10.2021	Christopher Walker
AWD 400m	2'50.83	11.02.2022	Riley Kippen
AWD 800m	3.06.57	17.09.2021	Christopher Walker
AWD 1500m	8'50.31	21.01.2022	Christopher Walker
AWD 100m Hurdles	23.51	10.09.2021	Christopher Walker
AWD Discus	22.64	24.09.2021	Christopher Walker
AWD Shotput	8.94	17.09.2021	Christopher Walker
AWD Javelin	13.10	10.09.2021	Christopher Walker
AWD High Jump	1.31	21.01.2022	Christopher Walker
AWD Long Jump	4.01	22.10.2021	Christopher Walker
AWD Triple Jump	7.65	10.09.2021	Christopher Walker